

Modernage Public School and College Abbottabad

Syllabus for 1st Term, Session 2024-25

Class: Playgroup

World Around Us

a. Nazra

- i. 1st Kalma with Urdu translation.
- ii. First five names of Allah Almighty

دعائیں:

بِسْمِ اللّٰهِ وَ عَلٰی بَرَکٰتِ اللّٰهِ	کھانا کھانے کی دعا
سُبْحَانَ اللّٰهِ	بلندی سے اترنے کی دعا
رَبِّ زِدْنِيْ عِلْمًا	علم میں اضافے کی دعا
اللّٰهُ اَكْبَر	بلندی پر چڑھنے کی دعا

b. Questions:

1. Who created everything?
A. Allah created everything.
2. What is the name of your religion?
A. The name of my religion is Islam/ Christianity/ etc.
3. Where is Allah Almighty?
A. Allah is everywhere.
4. What is the name of the last Holy book?
A. The name of the last Holy book is Quran Pak.
5. Who is the first Prophet of Allah?
A. Hazarat Adam (A.S) is the first Prophet of Allah.
6. Who is the last Prophet of Allah?
A. Hazarat Muhammad (P.B.U.H) is the last Prophet of Allah.
7. How many times do we pray in a day?
A. We pray five times a day.
8. Name the five prayers.
A. Fajar, Zohar, Asar, Magrib, Isha.
9. When do you recite Tasmiyah?
A. We recite Tasmiyah before starting anything.

c. Daily Circle Time

1. Talking about themselves
2. Sharing what they like about themselves and what they like about a friend by playing 'Introduction Game' and 'This is my friend'.
3. Depicting different moods e.g. happy, sad, angry, etc through role play.
4. Learning to say greetings: Good morning and Good bye.
5. Making class rules with teacher e.g. I will keep my class clean. I will listen carefully, etc.
6. Carrying out small tasks, like handling and using class materials such as books, blocks, toys and beads.

7. Listening attentively and respectfully to others.
8. Learning how to ask for help through role play and practical demonstration e.g. asking for eraser/pencil, going out of class, tying of shoe lace, etc.
9. Learning to turn pages of a book with care.
10. Helping in setting the snacks carefully during lunch break.
11. Returning materials to the designated place after use.
12. Learning how to make and walk in a line.

Assembly Presentations:

- i. All About Me
- ii. Our Planet
- iii. Food
- iv. Good manners, Ethical and Moral values

Activities:

- | | | |
|---------------------------------|------------------------------|-----------------------------|
| i. Introduction game | ii. Birthday Grid | |
| iii. Family photo frame | iv. Body sketching | |
| v. Hand game | vi. Role play (Pakistan day) | |
| vii. Colour week | viii. Leaf booklet | |
| ix. Set recycling corner | x. Fruit salad activity | xi. Mystery bag |
| xii. Discover parts of an apple | xiii. Poster making | xiv. Story (Eid- ul- Fiter) |
| xv. Life of Holy Prophet | | |

f. Questions (Gk)

1. What is your name?
A. My name is
2. What is your mother`s name?
A. My mother`s name is
3. What is your father`s name?
A. My father`s name is
4. Name different parts of body .
A. Eyes, lips, nose, ears, hands, feet, teeth.
5. How many family members do you have?
A. I have family members.
6. How old are you?
A. I amyears old.
7. Name the basic colours.
A. Red, Yellow, Blue, Green.
8. What is the colour of leaf?
A. The colour of leaf is green.
9. Where should we throw trash?
A. We should throw trash in a adustbin.
10. Where does our food come from?
A. Our food comes from farms.
11. Which vegetables grow under the ground?
A. Carrot, Raddish, Potato, Turnip.
12. How many colours do apples have?
A. Red, green, yellow.

13. What is the name of your country?

A. The name of my country is Pakistan.

14. Who is the founder of Pakistan?

A. The founder of Pakistan is Quaid e Azam.

15. What do you get from plants?

A. We get fruits and vegetables from plants.

16. Name some healthy foods.

A. Fruits, vegetables, eggs, milk, meat

17. Name unhealthy foods.

A. Cold drinks, candies, chips, gums,

18. Name some magical words?

A. Sorry, Thank you, Excuse me, May I

2. Creative Arts

Pg # 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20

1. Drawing and Colouring.
2. Cutting and Pasting.
3. Folding.
4. Thumb Impressions
5. Patterns.

Health, Hygiene & Safety

a. Physical Activities:

i. P.T exercises with simple actions.	v. Using outdoor gross motor equipment's. Safely and appropriately.
ii. Using as swings and climbing frames,	vi. Morning assembly Standing and moving in a line.
iii. Running, jumping, sliding and hopping games.	vii. Using class materials such as book, blocks and beads.
iv. Carrying out small tasks,	

b. EPL Exercises:

i. Selecting a mat.	vi. Rolling and unrolling a mat.
ii. Holding a tray, jug and spoon.	vii. Opening and closing bottle tops.
iii. Carrying a glass of water.	viii. Pegging a basket.
iv. Putting on an apron	ix. Folding and unfolding a mat
v. Turning a page of a book.	x. How to sit on a chair?

c. Personal Care:

i. Washing hands.	iii. Blowing nose.
ii. Washing face	iv. Combing hair

3. Languages:

a) English

Name of Book

1. Jolly Phonics Pg # 1 to 12
2. Handwriting skills builder for pre-primary

Written:	Doodling & colouring, tracing different lines & patterns, matching & circling.
Handwriting skills builder	Patterns Page #: 2, 3, 4, 5, Practice of Alphabet Page # 8, 9, 12, 16, 18, 20, 21, 23, 24, 27, 30, 32, 36
Recognition	Recognition of first sounds of letters s, a, t, i, p, n, ck, e, h, r, m, d. Recognition of words opposites and colours
Reading:	Small alphabet from blackboard, charts & flash cards with proper sounds.
Oxford Reading Tree	Reds and Blues Look At Me. Go Away, Floppy
IRI Poems	Good morning rhyme Good bye rhyme Time for English My name rhyme
Recitation	Daddy fingers Head and shoulders Colour rhyme Parts of an apple Teddy bear
Conversation:	Myself My family My country Recycling Food items Courtesy words.
Story Telling	Alphabet stories. Story of Pakistan. Story of healthy eating
Vocabulary:	Family vocabulary, Parts of Body, Fruits and Vegetables, Colours name, Gardening tools names, 3 R's, Parts of an apple, Courtesy words, Dairy products

b). Urdu

جگنو اردو سلسلہ ابتدائی: صفحہ نمبر (۱ سے ۳۴ تک)

جگنو مہارتی سلسلہ: صفحہ نمبر (۱ سے ۱۴ تک)

(تحفہ: صفحہ نمبر (۱ سے ۱۶))

پڑھائی، لکھائی	۱- سیدھی، ٹیڑھی اور لیٹی ہوئی لکیریں لگانا۔ ۲- "ب" سے "ژ" تک کے حروف کی پڑھائی اور پہچان۔ ۳- "ب" سے "ژ" تک حروف پر پینسل پھیرنا۔ ۴- حرف کو حرف سے ملانا۔
ذخیرہ الفاظ	۱- رنگوں کے نام۔ ۲- سبزیوں کے نام ۳- جسم کے حصوں کے نام ۴- جانوروں کے نام ۵- پھلوں کے نام ۶- شائستہ الفاظ
گفت و شنید	۱- میرا تعارف۔ ۲- روزمرہ معمولات پر گفتگو۔ ۳- خاص تہواروں کے متعلق آگاہی جیسا کہ یوم آزادی، عید اور رمضان ۴- خاندان کے متعلق سوالات۔
کہانیاں	تحفہ کہانی نمبر ۱ سے ۳ تک چڑیا کا بچہ، مانو، تحفہ
نظمیں	۱- آلو میاں آلو میاں ۲- بلی کے بچوں کے موزے کھو گئے۔ ۳- چھوٹا سا کلوڑا ۴- تتلی ہوں میں تتلی ہوں

Mathematics:

Worksheets: IXL learning Pre- K

Maze Maths Copy Series

3. Written:

i. Writing patterns: Practice of straight, slanting and sleeping lines.	v. Size (Long/short, Tall/short, Wide/narrow, Light / heavy)
ii. Oral counting from 1 to 5.	vi. Flat shapes (Circle, Triangle, Square, Rectangle)
iii. Recognition of numbers and counting upto 5	vii. Concept of drawing, colouring, matching and sorting
iv .Counting and tracing from 1 to 5.	viii. I can count, trace, match, colour and fill.

b. Montessori Apparatus:

Metal insets	Sand paper numbers.
Pink Tower	Knobbed cylinder
Long rods	Learning how to make a Jigsaw Puzzle

Poems:

<p style="text-align: center;">Daddy Finger</p> <p>Daddy finger daddy finger, where are you? Here I am, Here I am, How do you do ? Mommy finger , mommy finger, where are you? Here I am, Here I am, How do you do. Brother finger, brother finger, where are you? Here I am, Here I am, How do you do? Sister finger ,sister finger, where are you? Here I am, Here I am ,How do you do? Baby finger, baby finger ,where are you? Here I am here I am, How do you do?</p>	<p style="text-align: center;">Head & shoulders</p> <p>Head & shoulders, Knees and toes, knees and toes, knees and toes. Head and sholders, knees and toes, Eyes, Ears, Mouth and nose</p>
<p style="text-align: center;">Teddy bear</p> <p>Teddy bear, teddy bear, turn around Teddy bear ,teddy bear, touch the ground Teddy bear, teddy bear, polish your shoes Teddy bear teddy bear, off to school.</p>	<p style="text-align: center;">Colours song</p> <p>Oh, can you find the colour (red) ? The colour red, the colour red Oh,can you find the colour (red) ? Somewhere in this room?</p>

Parts of an apple song

Flesh, skin, stem, & leaves, stem & leaves
Flesh, skin, stem, & leaves, stem & leaves
And in the core are the tiny apple seeds
Flesh, skin, stem, & leaves, stem & leaves

Oh, can you find the colour (blue) ?
The colour blue, the colour blue
Oh, can you find the colour (blue)?
Somewhere in this room?
Oh, can you find the colour (green)?
The colour green, the colour green
Oh, can you find the colour (green)?
Somewhere in this room?
Oh, can you find the colour (yellow)?
The colour yellow, the colour yellow
Oh, can you find the colour (yellow)
Somewhere in this room?

بلی کے بچوں کے موزے کھو گئے

بلی کے بچوں کے موزے کھو گئے اور وہ رونے لگے میاؤں میاؤں میاؤں
بلی نے کہا جاؤ گندے بچوں میں آج تم کو کھانا نہیں دوں گی
بلی کے بچوں کے موزے مل گئے اور وہ ہنسنے لگے میاؤں میاؤں میاؤں
بلی نے کہا آؤ پیارے بچوں میں آج تم کو کھانا دے رہی ہوں

چھوٹا سا مکوڑا

چھوٹا سا مکوڑا درخت پہ چڑھ گیا
بارش آئی مکوڑا بھیک گیا
سورج جو نکلا پانی سوکھ گیا
چھوٹا سا مکوڑا پھر سے درخت پہ چڑھ گیا

آلو میاں، آلو میاں

آلو میاں، آلو میاں کہاں گئے تھے سبزی کی ٹوکری میں سو گئے تھے
بینگن نے لات ماری، رورہے تھے گاجر نے پیار کیا، ہنس رہے تھے
مٹر سے کیڑا نکلا، ڈر گئے تھے کیڑے نے بھوگیا، بھاگ گئے تھے

بلبل کا بچہ

بلبل کا بچہ کھاتا تھا کھچڑی
پیتا تھا پانی بلبل کا بچہ
گاتا تھا گانے میرے سر ہانے
اک دن اکیلا بیٹھا ہوا تھا
میں نے اڑایا واپس نہ آیا
بلبل کا بچہ