

Modernage Public School and College Pakistan
Syllabus for 1st Term, Session 2025-26
Class: Playgroup

World Around Us

a. Nazra

- i. 1st Kalma with Urdu translation.
- ii. First five names of Allah Almighty

دعائیں۔

بِسْمِ اللّٰهِ وَعَلَى بَرَکَةِ اللّٰهِ	کھانا کھانے کی دعا
سُبْحَانَ اللّٰهِ	بلندی سے اترنے کی دعا
رَبِّ زِدْنِي عِلْمًا	علم میں اضافے کی دعا
اللّٰهُ اَكْبَرُ	بلندی پر چڑھنے کی دعا

b. Questions:

Q1. Who created everything?

A. Allah created everything.

Q2. What is the name of your religion?

A. The name of my religion is Islam/Christianity/ etc.

Q3. What is the name of the last Holy book?

A. The name of the last Holy book is Quran Pak.

Q4. Who is the first Prophet of Allah?

A. Hazarat Adam(A.S) is the first Prophet of Allah.

Q5. Who is the last Prophet of Allah?

A. Hazarat Muhammad(P.B.U.H) is the last Prophet of Allah.

Q6. How many times do we pray in a day?

A. We pray five times a day.

Q7. Name the five prayers.

A. Fajar, Zohar, Asar, Magrib, Isha.

Q8. When do you recite Tasmiyah?

A. We recite Tasmiyah before starting anything.

Q9. Who is the worthy of worship?

A. Allah is the worthy of worship.

c. Daily Circle Time

1. Talking about themselves.
2. Sharing what they like about themselves and what they like about a friend by playing 'Introduction Game' and 'This is my friend'.
3. Depicting different moods e.g. happy, sad, angry, etc through role play.
4. Learning to say greetings: Good morning and Goodbye.
5. Making class rules with teacher e.g. I will keep my class clean. I will listen carefully, etc.
6. Carrying out small tasks, like handling and using class materials such as books, blocks, toys and beads.
7. Listening attentively and respectfully to others.
8. Learning how to ask for help through role play and practical demonstration e.g. asking for eraser/pencil, going out of class, tying of shoe lace, etc.
9. Learning to turn pages of a book with care.
10. Helping in setting the snacks carefully during lunch break.
11. Returning materials to the designated place after use.
12. Learning how to make and walk in a line.
13. Beauty of spring (four seasons)
14. Giving funny names to dishes.
15. Talking about healthy and junk food.
16. Discussion about national dress.

d. Assembly Presentations:

- | | |
|---------------------------|--|
| i. All about me | ii. Our planet |
| iii. Food | iv. Good manners, Ethical and Moral values |
| v. World earth day | vi. World water day. |
| vii. World labor day. | viii. World mother day. |
| xi. World father day. | x. Colour day. |
| xi Pakistan day 23 March. | xii Ramadan kareem. |

e. Activities:

- | | |
|----------------------------------|----------------------------|
| i. Nimaz activity. | ii. Birthday Grid |
| iii. Family finger puppet | iv. Bodysketching/tracing. |
| v. Pakistan day celebration. | vi. Flag art. |
| vii. Colour day. | viii. Tracing of Leaf. |
| ix. Recycling | x. Art project. |
| xi. Fruit salad activity | xii. Dairy station. |
| xiii. Discover parts of an apple | xiv. Chocolate day. |
| xv. 3R (Reduce, Recycle, Reuse) | xvi. Model of Kabah. |

f. Questions (General knowledge)

Q1. What is your name?

A. My name is

Q2. What is your mother name?

A. My mother name is.....

Q3. What is your father name?

A. My father name is.....

Q4. Name different parts of body.

A. Eyes, lips, nose, ears, hands, feet, teeth, head and shoulder.

Q5. How many family members do you have?

A. I have.....family members.

Q6. How old are you?

A. I am.....years old.

Q7. Name the basic colours.

A. Red, Yellow, Blue, Green.

Q8. What is the colour of leaf?

A. The colour of leaf is green.

Q9. Where should we throw trash?

A. We should throw trash in a dustbin.

Q10. Where does our food come from?

A. Our food comes from farms.

Q11. Which vegetables grow under the ground?

A. Carrot, Raddish, Potato, Turnip.

Q12. How many colours do apples have?

A. Red, green, yellow.

Q13. What is your country name?

A. My country name is Pakistan.

Q14. Who is the founder of Pakistan?

A. Quaid e Azam is the founder of Pakistan.

Q15. What do you get from plants?

A. We get fruits and vegetables from plants.

Q16. Name some healthy foods.

A. Fruits, vegetables, eggs, milk, meat

Q17. Name unhealthy foods.

A. Cold drinks, candies, potato chips, chewing gums.

Q18. Where do we get milk from?

A. We get milk from cows, goats and buffaloes.

2. CreativeArts and Activity (book A)

Pg # 3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,20.

- i. Drawing and Colouring.
- ii. Cutting and Pasting.
- iii. Folding.
- iv. Thumb Impressions
- v. Patterns.

3. Health,Hygiene&Safety

a. PhysicalActivities:

i. P.T exercises with simple actions.
ii. Using swings and climbing frames,
iii. Running, jumping, sliding and hopping games.
iv. Carrying out small tasks, like handling and Using class materials such as book, blocks and beads
v. Using outdoor gross motor equipment's, safely and appropriately.
vi. Morning assembly standing and moving in a line.

b. EPLExercises:

i. Selecting a mat.	vi. Rolling and unrolling a mat.
ii. Holding a tray, jug and spoon.	vii. Opening and closing bottle tops.
iii. Carrying a glass of water.	viii. Pegging a basket.
iv. Putting on an apron	ix. Folding and unfolding a mat
v. Turning a page of a book.	x. How to sit on a chair?
xi. Spooning	xii. Sorting seed.

c. PersonalCare:

i. Washing hands.	iii. Blowing nose.
ii. Washing face	iv. Combing hair

Languages:

a) English

Name of Book: Floppy's Phonics

Written:	Doodling & colouring, Tracing Straight, Horizontal, Diagonal lines & patterns, matching & circling, letter tracing. Recognition of first sounds of letters s, a, t, i, p, n, m, d, g, o, c, k. Recognition of colours
Reading	Books (floppy's phonics environmental sounds): i At the farm ii. At home iii. Fun at school Oxford Reading Tree: i Hide and seek ii Look At Me iii Go Away Floppy Friezes, alphabetic chart, flash cards, tricky words and floppy's phonics site

Recitation	Daddy fingers Head and shoulders Colour rhyme Parts of an apple Teddy bear Floppy's phonics poems: Phonic Song Old MacDonald had a farm My House Goldilocks and The Three Bear Song
Conversation:	My Self My Family My Country Recycling Food Items Courtesy Words Greetings
StoryTelling	Story of sacrifice of Hazrat Ibrahim A.S and Hazrat Ismaheel A.S (Eidul Azha).Eid ul Fitar.
Vocabulary:	Animal Name, House hold objects, Things in school, Names of musical Instruments. Colour of flag, Parts of body, Things in the garden, Fruits and Vegetables, Dairy products, Colours name, 3R's, Parts of an apple, Family vocabulary, Courtesy (Use of Excuse me, Please, Sorry, Thank you).

b. Urdu

گلدستہ: کلیاں صفحہ نمبر 1 تا 51

تحفہ صفحہ نمبر: 1 تا 16

پڑھائی، لکھائی	1- سیدھی، ٹیڑھی اور لیٹی ہوئی لکیریں لگائیں۔ 2- "ب" سے "ژ" تک کے حروف تہجی کی اشکال کی پڑھائی لکھائی اور پہچان۔ 3- "ب" سے "ژ" تک حروف پر پنسل پھیرنا۔ 4- ایک جیسے حروف کو آپس میں ملائیں۔ 5- ایک جیسی چیزوں کی پہچان۔ 6- حروف کی آوازوں سے شروع ہونے والی چیزوں کی پہچان۔ 7- نمونوں کی لکھائی۔ 8- "ب" "تا" "ژ" ترتیب وار لکھائی اور پہچان۔
ذخیرہ الفاظ	1- رنگوں کی پہچان 2- پھلوں کے نام 3- جسم کے حصوں کے نام 4- سبزیوں کے نام 5- جانوروں کے نام 6- شائستہ الفاظ
گفت و شنید	1- میرا تعارف 2- روزمرہ معاملات پر گفتگو 3- خاص تہوار اور ان کے متعلق آگاہی جیسا کہ یوم آزادی، عید اور رمضان 4- خاندان کے متعلق سوالات
کہانیاں	تحفہ کہانیاں: 1 سے 3 تک 1- چڑیا کا بچہ 2- مانو 3- تحفہ کلیاں کہانیاں: علی، زارا، مانو، امی
نظمیں	1- آلو میاں آلو میاں 2- بلی کے بچوں کے موزے کھو گئے 3- چھوٹا سا مکوڑا 4- حمد 5- تتلی ہو میں تتلی ہوں 6- بلی میں نے پانی ہے

Mathematics:

Worksheets: IXL learning Pre-K 56 skills

1. Written:Page No 1,2,3,4,5,6,11,12,33,34,35,36,38,39,40,41,42,43

i. Writing patterns: Practice of straight, slanting and sleeping lines.	v. Size (Long/short, Tall/short, Wide/narrow, Light/heavy), Big/Small, Full/half, Rough/Smooth.
ii.Oral counting from 1to 10.	vi.Flatshapes(Circle,Triangle,Square, Rectangle)
iii. Recognition of numbers and counting upto 5	vii.Concept of drawing, colouring, matching and sorting
iv. Counting and tracing from 1to 5.	viii. I can count, trace, match, colour and fill.

b.Montessori Apparatus:

Metal insets	Sand paper numbers.
Pink Tower	Sensorial texture, touch boards.
Sand tray	Learning how to make a Jigsaw Puzzle
Colour tablets	Cards and counters
Baric tablets	Red Rods

Poems:

Daddy Finger

Daddy finger daddy finger, where are you?
Here I am, Here I am, How do you do?
Mommy finger, mommy finger, where are you?
Here I am, Here I am, How do you do.
Brother finger, brother finger, where are you?
Here I am, Here I am, How do you do?
Sister finger, sister finger, where are you?
Here I am, Here I am, How do you do?
Baby finger, baby finger, where are you?
Here I am here I am, How do you do?

Colours song

Oh, can you find the colour (red)?
The colour red, the colour red Oh,can you find the colour (red)? Somewhere in this room?
Oh, can you find the colour (blue)?
The colour blue, the colour blue
Oh, can you find the colour (blue)?
Somewhere in this room?
Oh, can you find the colour (green)?
The colour green, the colour green
Oh, can you find the colour (green)?
Somewhere in this room?
Oh, can you find the colour (yellow)?
The colour yellow, the colour yellow
Oh, can you find the colour (yellow)
Somewhere in this room?

<p>Head and Shoulders Head, Shoulders, Knees and toes, Knees and toes, Head, shoulder, knees and toes, Knees and toes. Eyes, Ears, Mouth and nose Head, shoulders, Knees and toes.</p>	<p>Teddy bear Teddy bear, teddy bear, turn around Teddy bear, teddy bear, touch the ground Teddy bear, teddy bear, polish your shoes Teddy bears teddy bear, off to school.</p>
<p>Parts of an apple song Flesh,skin,stem,&leaves,stem&leaves Flesh,skin,stem,&leaves,stem&leaves And in the core are the tiny apple seeds Flesh,skin,stem&leaves, stem & leaves</p>	<p><u>میں نے بلی پالی ہے۔</u> میں نے بلی پالی ہے رنگ اس کی کالی ہے صاف اور ستھری رہتی ہے دودھ مزے سے پیتی ہے بستر پر چڑھ کے آجائے پاس میرے آکر سو جائے مانو کہہ کر جب میں بلاؤں دھیرے سے کہتی ہے "میاؤں"</p>
<p><u>بلی کے بچوں کے موزے کھو گئے</u> بلی کے بچوں کے موزے کھو گئے اور وہ رونے لگے میاؤں میاؤں بلی نے کہا جاؤ گندے بچوں میں آج تم کو کھانا نہیں دو گی بلی کے بچوں کے موزے مل گئے اور ہنسنے لگے میاؤں میاؤں بلی نے کہا پیارے بچوں میں آج تم کو کھانا دے رہی ہوں</p>	<p><u>چھوٹا سا مکوڑا</u> چھوٹا سا مکوڑا درخت پہ چڑھ گیا بارش آئی مکوڑا بھیگ گیا سورج جو نکلا پانی سوکھ گیا چھوٹا سا مکوڑا پھر سے درخت پہ چڑھ گیا</p>
<p><u>آلومیاں، آلومیاں</u> آلومیاں، آلومیاں کہا گئے تھے سبزی کی ٹوکری میں سو گئے تھے بینگن نے لات ماری رو رہے تھے، گاجر نے پیار کیا ہنس رہے تھے مٹر سے کیڑا نکلا، ڈر گئے تھے کیڑے نے بھو کیا بھاگ گئے تھے</p>	<p><u>حم</u> پیار بھرا ہر اک اشارہ پیارا اس کا ہر نظارہ جس نے زمین پر پیارا اتارا وہ خود ہو گا کتنا پیارا پیار کا اس کے نہیں شمار اللہ ہے بس پیار ہی پیار پھول بنائے پیارے پیارے قتلی، جگنو، رنگ، شرارے جگمگ کرتے چاند ستارے اور کہایہ سب ہے تمارے پیار کا اس کے نہیں ہے شمار اللہ ہے بس پیار ہی پیار</p>