

Modernage Public School and College, Pakistan

1st Term Syllabus, Session 2025

Class: Prep

1.Nazra

- 1st and 2nd Kalma with Urdu translation.
- Surah Al-kausar and Surah-e-Ikhlās

دعائیں:

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ	۱۔ دودھ پینے کی دعا
رَبِّ زِدْنِي عِلْمًا	۲۔ علم میں اضافے کی دعا
اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ	۳۔ مسجد میں جانے کی دعا

Questions:

- Who has made everything?
A. Allah has made everything.
- What are the names of positions of Salah?
A. Standing, bowing, sitting and prostration.
- Name the five prayers.
A. Fajar, Zohar, Asar, Maghrib, Isha.
- What do we stop doing when we are fasting?
A. We stop eating, drinking and fighting.
- Who should we give charity to?
A. We should give charity to poor and needy.
- When was our beloved Prophet Muhammad (SAW) born?
A. Our beloved Prophet Muhammad (SAW) was born on 12th Rabi-ul-Awwal.
- What should we recite before starting anything?
A. We should recite Bismillah-ir-Rahman-ir-Rahim.
- What is the meaning of Assalam-u-Aliakum?
A. Assalam-u-Alikum means, “May blessings of Allah be upon you.”
- What is the meaning of WaliakumAssalam?
A. WaliakumAssalam means “May blessings of Allah be upon you too.”
- Name the Islamic months.
A. Muharram, Safar, Rabi-ul-Awwal, Rabi-us-Sani, Jamadi-ul-Awwal, Jamadi-us-Sani, Rajab, Shahban, Ramadan, Shawal, Zi-qad, Zil-Hajj.
- What should we say when we meet someone?
A. Assalam-o-Alaikum.
- What should we say when someone says Assalam-o-Alaikum to us?
A. Waaaliakum us Assalam.

14. Who are Angels?

A. Angels are the special creatures of Allah.

15. Which muslim festival is celebrated after the month of Ramadan?

A. Eid-ul-fitr is celebrated after the month of Ramadan.

16. When do Muslims celebrate Eid-ul-Azha?

A. Muslims celebrate Eid-ul-Azha on 10th of Zilhajj.

Daily Circle Time.

- i. Making classroom rules with teacher e.g I will listen carefully, etc
- ii. Learning to interact with a stranger and keeping safe.
- iii. Learning how to wait for their own turn.
- iv. Sharing what they like about themselves and what like about a friend by playing 'Introduction Game' and circle game 'This is my friend'.
- v. Learning how to make a line and how to move in a line.
- vi. Playing action games: Pass the ball and bingo.
- vii. Greeting others politely.
- viii. Practice of courtesy words (sorry, thank you, excuse me, please, welcome)
- ix. Learning to take turns during class discussions and listening to others attentively.
- x. Learning to sing National Anthem in the assembly.
- xi. Making jigsaw puzzle with the help of peers.
- xii. Listening to stories about people from other countries and cultures.
- xiii. Listening to others respectfully and without interrupting.
- xiv. Helping in setting the snacks carefully during lunch break.
- xv. Cleaning up after snack time.
- xvi. Returning materials to the designated place after use.
- xvii. Switching off lights and fans when leaving the room.
- xviii. Learning to use water and food without wasting them.
- xix. Learning how to behave in an emergency.

Assembly Presentations:

- i. Ramadan Kareem
- ii. Pakistan Day Celebration
- iii. All about Me
- iv. Our Planet
- v. I take care of myself
- vi. Food (Healthy and Junk Food)
- vii. World Earth Day
- viii. Labour Day
- ix. Summer Season

Activities:

- i. Cutout of emotions

- ii. Family photo frame
- iii. Friendship band making
- iv. Eid Milan party
- v. Teeth poster
- vi. Playdough modeling
- vii. Mother's Day celebration
- viii. Jigsaw puzzle competition
- ix. Hajj activity
- x. Father's Day
- xi. Wash your hands
- xii. Ramadan routine
- xiii. My country booklet
- xiv. Montessori world map puzzles
- xv. Recycle station
- xvi. My plate (vegetable soup)
- xvii. Collection of different boxes/bottles of dairy products.

Question/Answer (General Knowledge)

Q1. How do you feel?

A. I am happy/sad/angry.

Q2. How are diseases caused?

A. Diseases are caused by germs.

Q3. Name the neighboring countries of Pakistan

A. China, Iran, India, Afghanistan.

Q4. Name any 5 landforms.

A. Rivers, mountains, desserts, valley and hills

Q5. Which is largest continent in the world?

A. Asia is the largest continent in the world.

Q6. Why do people use water?

A. People use water for drinking and watering plants.

Q7. Which is the second highest mountain in the world?

A.K2 is the second highest mountain in the world.

Q8. In which continent do we live?

A. We live in Asia.

Q9. What do 3Rs mean?

A. 3Rs mean: Reduce, Reuse and Recycle.

Q10. What does the word Pakistan mean?

A. The word Pakistan means land of pure people.

Q11. What kind of foods help our bodies?

A. Fruits, vegetables, meat, eggs, milk

Q12. What is your favourite vegetable?

A. _____ is my favourite vegetable.

Q13. How many family members do you have?

A. I have _____ family members.

Q14. Name some dairy products?

A. Butter, milk, cheese, yogurt.

Q15. Name the five food groups?

A. Fruits, vegetables, protein, dairy, and grains

2.Creative Arts

Creative Art & Activity

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- i. Drawing and colouring.
- ii. Tracing and painting
- iii. Craft
- iv. Cutting and pasting
- v. Folding pattern
- vi. Thumb impressions
- vii. Collage
- viii. Origami

3. Health, Hygiene & Safety

a. EPL Exercises:

i. Holding a tray, jug and spoon	ii. Carrying a glass of water
iii. Taking off an apron from hook.	iv. Pouring rice from one jug to another jug.
v. Folding and unfolding a mat.	vi. Rolling and unrolling a mat.
vii. Opening and closing bottle tops.	viii. Turning pages of a book.
ix. Pouring water from one jug to another jug.	x. Pouring beans into a number of containers.
xi. Pouring water into a number of containers.	xii. How to hold a pair of scissors and cut on a line.
xiii. Folding and unfolding mats.	

b. Personal Care:

i. Washing hands	ii. Washing face
iii. Blowing nose	iv. Brushing teeth
v. Combing hair	vi. Sneezing and Coughing
vii. Standing in a queue	

c. Physical Activities

i. PT exercises with stretching, bending and other drills.	ii. Standing in a queue.
iii. Standing and moving in line	iv. Running, jumping, skipping and hopping games
v. Using outdoor gross motor equipments such as swings and climbing frames safely and appropriately .	vi. Playing musical chair
vii. Playing hide and seek	

4. Language

English:

Names of Books and Resources: Oxford Progressive English

(page # 1 to 58)

Oxford Reading Tree: Stage 4

Floppy's phonics: level 3 (Book 13, 14 and 15)

Written	<ul style="list-style-type: none"> i. Alphabet Aa to Zz ii. Tracing and colouring iii. At home iv. Shopping v. At school vi. Numbers vii. Farm animals viii. Parts of the body ix. Initial sounds
Dictation	Words given below
Reading	ORT readers (stage 4) Floppy's phonics (Book 13,14,15)
Recitation	<ul style="list-style-type: none"> i. Classroom colours ii. Head and shoulders iii. Mr Thumb iv. The animals came in v. Old McDonald
Conversation	Use of a, an, he, she, his, her, this, that, my, your, I have, you are, There are, These are, Those are. <ul style="list-style-type: none"> i. Feelings ii. My family iii. Myself iv. My homeland v. Parts of the body

Story Telling	1. Story of Pakistan 2. At home 3. The magic bag.
Vocabulary	1. Feeling words 2. Family names 3. Name of classroom objects. 4. Name of fruits. 5. Name wild animals. 6. Names of farm animals.
Tricky Words	I, to, we, was, me, he, all, are, the, she, do, go, no, so, they you, your, on, too, made, by, what, put, four, why, who, in, but, with, be, he, off, when, where, look, again.

Dictation Words: From Oxford Progressive English

this	name	the	what	orange
ant	apple	bag	insect	hat
woman	pen	egg	book	flower
desk	pencil	zip	flower	sit
eat	yellow	red	leaf	calf
box	children	green	running	boy
there	rain	boat	cow	goat
kangaroo	fish	duck	umbrella	quack
ear	bear	wednesday	fly	jug
knee	mouth	nose		

Urdu:

اردو کا گلدستہ چنبیلی (کے جی) صفحہ نمبر اسے ۶۳

<p>i حروف تہجی اسے ہ تک۔</p> <p>ii مصوتے (ا، و، ی، ے)</p> <p>iii اکے دو، تین اور چار حرفی الفاظ</p> <p>iv گنتی اسے ۵</p> <p>v وکے دو، تین اور چار حرفی الفاظ</p> <p>vi بصری الفاظ</p> <p>vii شرارتی حروف</p> <p>viii سوالات کے جوابات</p> <p>ix خالی جگہ پر کریں</p> <p>x جملے</p>	لکھائی
اردو کا گلدستہ چنبیلی (کے جی)	پڑھائی
۱۔ نیچے دیے گئے تمام الفاظ کی املاء	املاء و خوشخطی
۲۔ دیے گئے تمام صفحات کی خوشخطی	

ذخیرہ الفاظ / گفت و شنید	<p>۱۔ بچوں کے احساسات و جذبات کا اظہار</p> <p>۲۔ بچوں سے خاندان کے متعلق گفتگو</p> <p>۳۔ میرا وطن سے متعلق گفتگو</p> <p>۴۔ براعظم کے بارے میں آگائی</p> <p>۵۔ خوراک کے بارے میں آگائی</p> <p>۶۔ خطرناک اور محفوظ کاموں کے بارے میں آگائی</p> <p>۷۔ جسم کے حصوں کے نام</p> <p>۸۔ ذاتی صفائی سے متعلق چیزوں کے نام</p> <p>۹۔ رنگوں کے نام</p> <p>۱۰۔ جانوروں کے نام</p> <p>۱۱۔ نقصان دہ چیزوں کے نام</p>
کہانیاں	۱۔ تین دوست ۲۔ کبوتر جال لے اڑے ۳۔ ایک گھر ۴۔ میرا گاؤں
نظمیں	۱۔ حمد ۲۔ زار کی مالا ۳۔ جالا ۴۔ پاکستان ۵۔ لکڑی کی کھاٹھی
اردو گلدستہ تارے	<p>۱۔ حمد ۲۔ زار کی مالا ۳۔ بستہ کہاں ہے ۴۔ مانو کا کیک ۵۔ جالا</p> <p>۶۔ نعت ۷۔ میں کون ہوں؟ ۸۔ توڑو نہیں جوڑو ۹۔ گھر ۱۰۔ پاکستان</p> <p>۱۱۔ عبد اللہ کا گاؤں</p>

الماء کے الفاظ

کاٹو	کون	راجا	بات	جال	زارا
لال	علی	میں	تارا	پیلا	چاچا
گڑیا	باجا	جاگو	موزہ	کالا	کام
کان	کار	بابا	امی	ہوں	جوڑا
یہ	چاٹا	ہرا	گیند	سوچو	بولو
ناک	بال	وہ	گھر	رات	ابو
ہے	گول	لوٹا	نیلا	بانو	سال
میرا	غار	دادا	تالا	کتاب	کاٹ
روکو					

5. Mathematics:

Worksheet: IXL Workbook part: 1

Numbers and counting up to 50	Backward counting 20-0
What comes after, before, between?	Skip counting (2's and 5's)
Place value with teens	Comparing
Patterns	Addition up to 10 (Horizontal & vertical)
Missing numbers	Number Spelling up to twenty
Word problems of Addition	

Oral:

- i. Numbers from 0 to 50.
- ii. Numbers in words 1 to 10
- iii. Names of shapes
- iv. Concept of big/small, long short, more/less, heavy/light, few /many, up/down, thin/thick.

Montessori Apparatus:

i. Numerical Rods (Ex. 1)	ii. Brown stairs
iii. Touch Tablets	iv. Teen and ten boards
v. Jigsaw Puzzles	vi. Golden beads.
vii. Red long rods	viii. Cards and counter

Poems:

Mr Thumb

Mr Thumb, Mr Thumb,
Where are you?
Here I am ! Here I am!
How do you do?
Finger 1, Finger 1
Finger 2, Finger 2
Finger 3, Finger 3
Finger 4, Finger 4

Look how clean my two hands are

Twinkle, twinkle little star
Twinkle, twinkle little star,
Look how clean my two hands are,
Soap and water, wash and scrub,
Get those germs off rub-a-dub,
Twinkle, twinkle little star,
Look how clean my two hands are.

Sud, sud, sud

The soap on your hands goes sud, sud, sud.
Sud, sud, sud.
Sud, sud, sud.
The soap on your hands goes sud, sud, sud.
And the germs go down the drain.

The Animals Came In

The animals came in
two by two
Hurrah! Hurrah!
The elephant and the
Kangaroo
And they all came
Walking in

حمد

اللہ پیارے اللہ، پیارے ہمارے اللہ
سب رحمتیں ہیں تیری سب نعمتیں ہیں تیری
پینے کو ٹھنڈا پانی تیری ہے مہربانی
کھانے کو دی ہے روٹی اور دال سبزی بوٹی
ابو دیے ہیں پیارے اور امی کے ہم دلارے
تیری ہے یہ بھلائی اچھے ہیں بہن بھائی
پھول اور چمکتے تارے تو نے سجائے سارے
اللہ پیارے اللہ، پیارے ہمارے اللہ

لکڑی کی کاٹھی کاٹھی پہ گھوڑا

لکڑی کی کاٹھی کاٹھی پہ گھوڑا گھوڑے کی دم پہ جو مارا ہتھوڑا
دوڑا دوڑا دوڑا گھوڑا دم اٹھا کے دوڑا
گھوڑا پہنچا چوک میں چوک میں تھانائی
گھوڑے جی کی نائی نے حجامت جو بنا حجامت جو بنائی
دوڑا دوڑا دوڑا گھوڑا دم اٹھا کے دوڑا
گھوڑا تھا گھمنڈی پہنچا سبزی منڈی
سبزی منڈی برف پڑی تھی برف میں لگ گئی ٹھنڈی
دوڑا دوڑا دوڑا گھوڑا دم اٹھا کے دوڑا
گھوڑا اپنا تگڑا ہے دیکھو کتنی چربی ہے
چلتا ہے مہرولی میں پر گھوڑا اپنا عربی ہے
ہاتھ چھڑا کے دوڑا گھوڑا دم اٹھا کے دوڑا
لکڑی کی کاٹھی کاٹھی پہ گھوڑا گھوڑے کی دم پہ جو مارا ہتھوڑا
دوڑا دوڑا دوڑا گھوڑا دم اٹھا کے دوڑا

میرا پاکستان

میرا پاکستان ہے یہ میرا پاکستان
یہ ہے میری جان یہ ہے میری شان
میرا ہے یہ مان پاکستان پاکستان

زارا کی مالا

زارا کی مالا لال لال مالا
گڑیا کا بالا پیلا پیلا بالا
علی کا باجا نیلا نیلا باجا
نہ نہ نہ نہ گانا نہ گانا