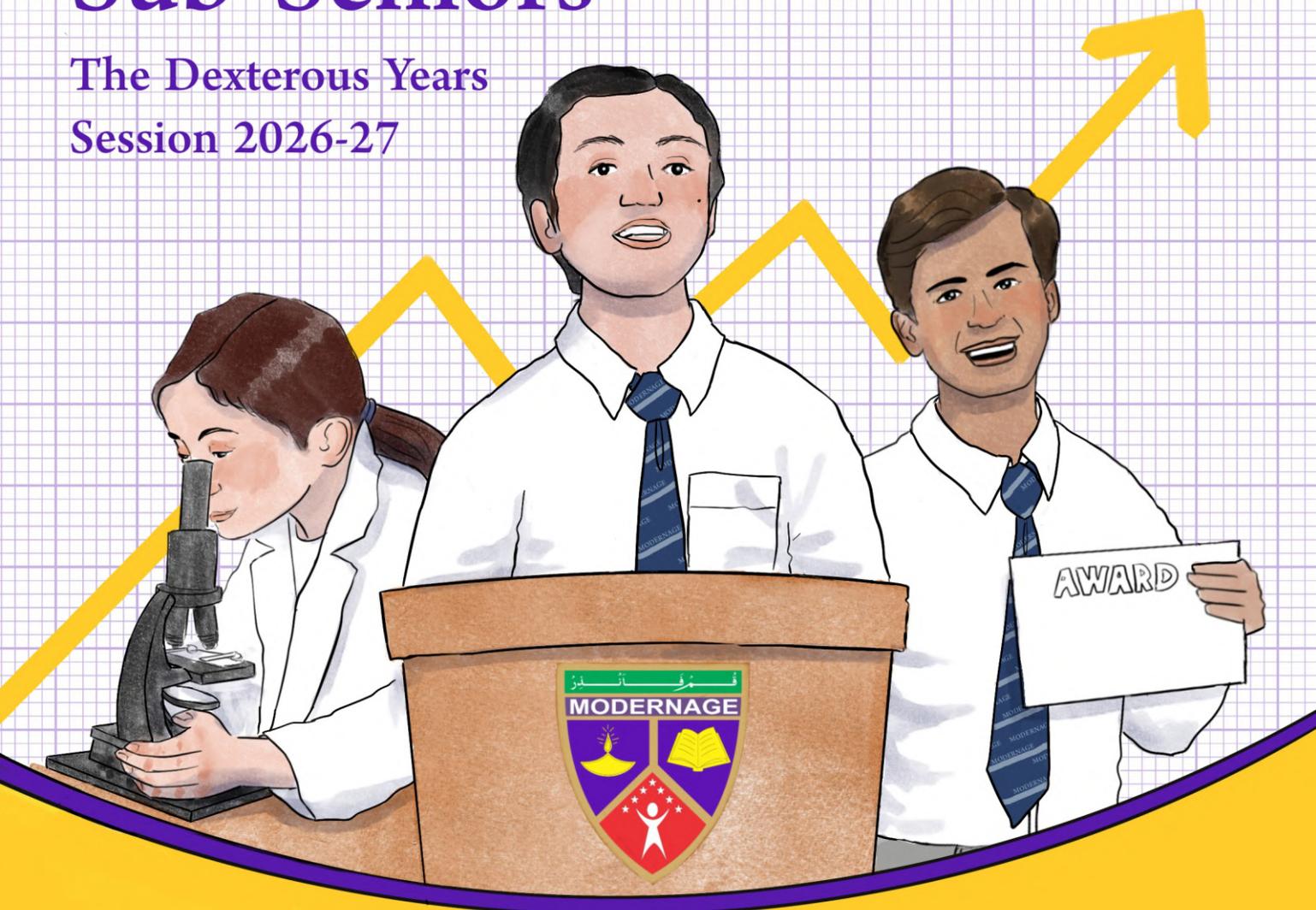


# Sub-Seniors

The Dexterous Years

Session 2026-27



# MODERNAGE

*First Day Pack*



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# WELCOME

## DEAR MODERNITES!

**We are delighted to welcome you  
to the new session at Modernage!**

You have been selected to be a Modernite because we value your individuality, recognize your rights, and place trust in your innate desire to learn. This First Day Pack will help you become familiar with our daily operations ensuring each day spent at school is pleasant and hassle free. Our goal is to provide a supportive environment that facilitates growth and learning.

Best wishes for a successful academic year!



# ACADEMIC EXCELLENCE

In the Sub-Seniors level, you have to take greater responsibility of your learning and prepare yourself to meet the demands of highly competitive and challenging years ahead. Instead of rote-learning and cramming, understanding the concepts should be your primary focus. Your goal should be to become an independent learner. Reading extensively and making an effort to express your ideas in your own words, using the appropriate academic language, will help become an excellent Modernite.



## OBJECTIVES OF SUB-SENIORS PROGRAM AT MODERNAGE

At Modernage, the objectives of the Sub-Seniors Program are aligned with the National Curriculum of Pakistan. They are to:



create independent learners who read extensively and make an effort to express their ideas in their own words.

enable learners to use appropriate academic language and present their thoughts in an organized style.

equip learners with skills of collecting, organizing, analyzing, displaying, and interpreting data and information in order to reach reasonable conclusions.

sensitize the children to examine real life situations by identifying scientifically valid arguments and drawing conclusions to enhance their critical thinking.

engage students in sports and co-curricular activities that provide them ample chances of connecting with their physical and spiritual self.

# ACADEMIC BREAKUP

## Abbottabad Region

The new session commences in the first week of March and terminates in December for Sub-Seniors. The academic year is split into two terms:

**i. First Term:**

From 1st week of March till the end of June.

**ii. Final Term:**

From 1st week of August till December.

There are two major breaks in an academic year. The summer vacation lasts for one month and the winter vacation is for 10 to 11 weeks.

## Capital Region

The new session commences in the first week of August and terminates in May the following year. The academic year is split into two terms:

**i. First Term:**

From 1st week of August till end of December

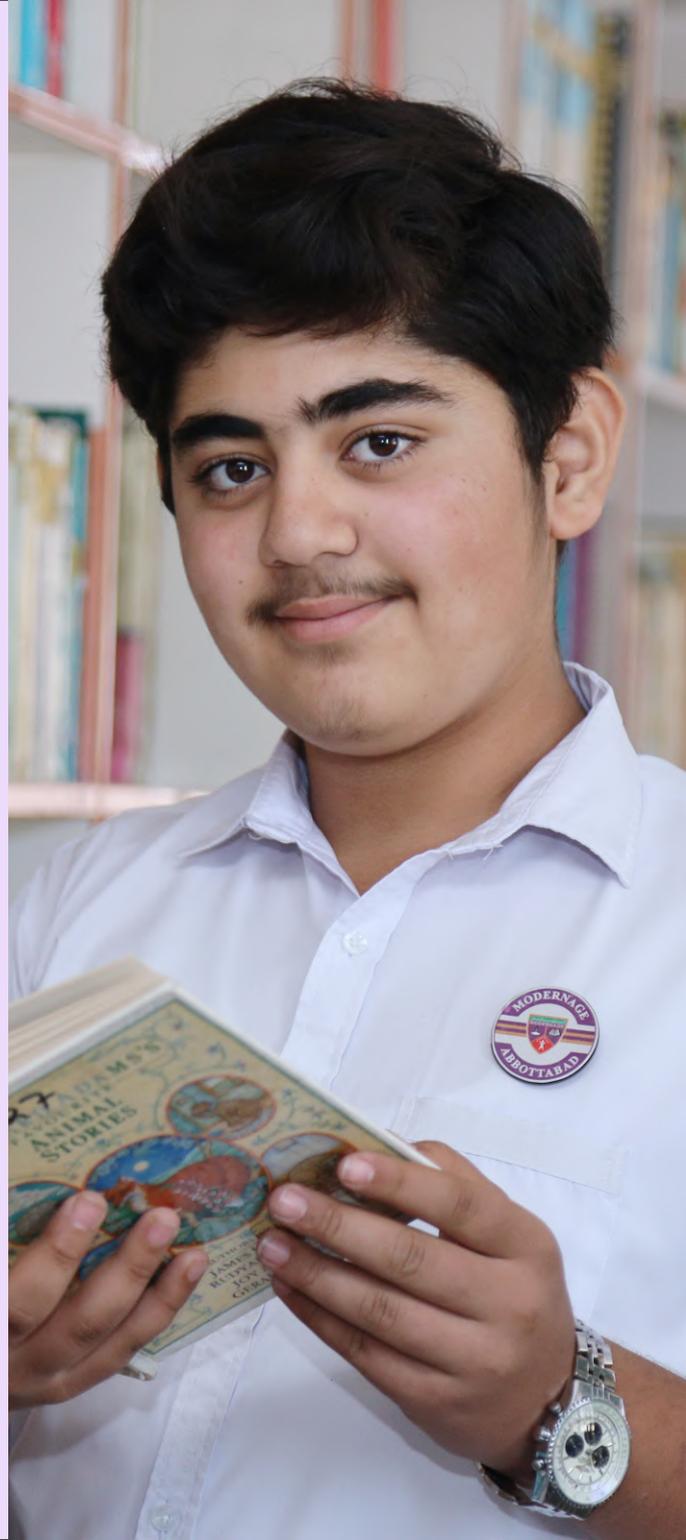
**ii. Final Term:**

From 3rd week of January till end of May

There are two major breaks in an academic year. The summer vacation lasts for 8 to 10 weeks and the winter vacation is for 2 to 3 weeks.

The yearly Schedule of Activities gives the detail of all the holidays and vacation observed by the institution. It is uploaded on the Parents Portal/App and website.

Beside all gazetted holidays, Saturdays and Sundays are observed as weekly holidays and Friday is a half-day.





## ACADEMIC PROGRAMME

The main subjects that you will study in Grade VI to VIII and their total number of classes per week are as follows:

Subjects	Grade VI & VII	Grade VIII (BISE-Atd)	Grade VIII (FBISE)
	Periods per week	Periods per week	Periods per week
English	6	5	5
Urdu	6	4	4
Mathematics	7	6	6
History	2	-	-
Geography	2	-	-
Pak Studies	-	2	-
Islamic Studies	2	2	3
Mutala-e-Quran	1	1	2
General Science	6	-	-
Physics	-	5	5
Chemistry	-	5	5
Biology	-	5	5
Computer Science	2		
Art	1	-	-
PT	1	1	1
Library	1	1	1
Houses	1	1	1
TOTAL	38	38	38

The Oxford Reading Buddy (Online Subscription) is used as an essential component of curriculum for developing reading in Grade VI & VII.

# DAILY TIMINGS FOR SUB-SENIORS

- ★ The school reserves the right to take action if a student consistently arrives late to school.
- ★ Your parents must arrange to drop you off at least ten minutes before the school starts and collect you no later than fifteen minutes after the full break.
- ★ No one except parents or authorized person is permitted to pick you up from the school.
- ★ The class teacher must be informed, in case your parents/guardians are late or intend to send any other person for picking you up.

Monday to Thursday:

**07:55 to 02:00**  
am pm

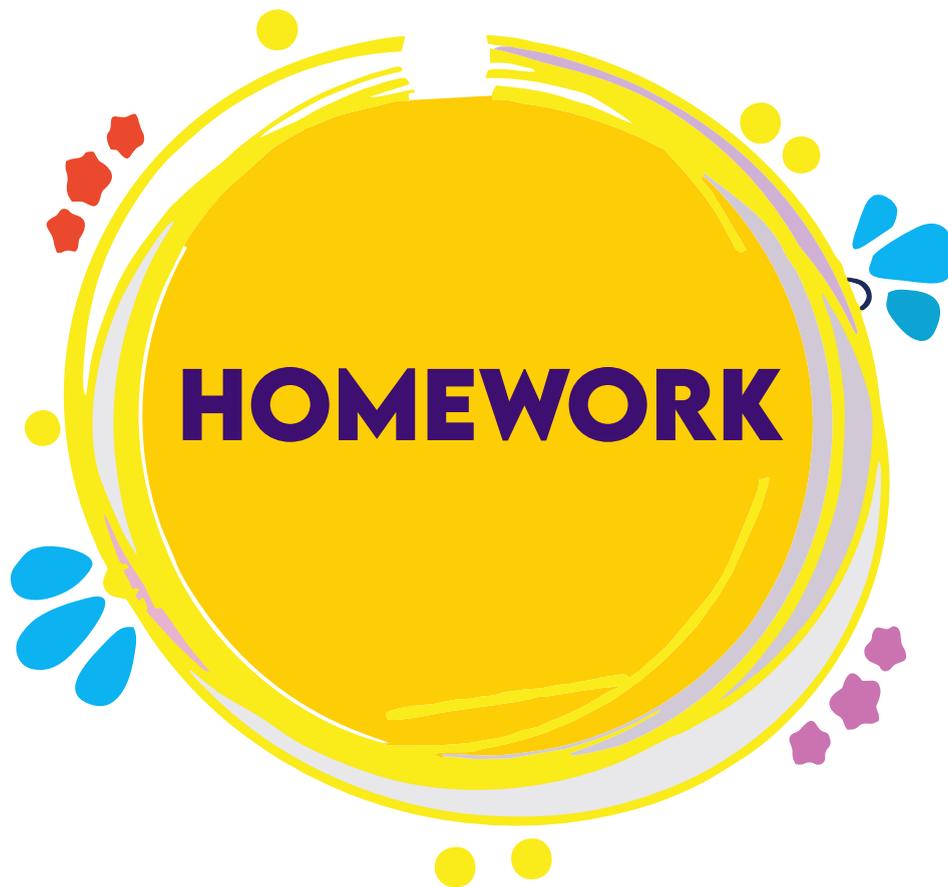
Friday:

**07:55 to 12:15**  
am noon

# THE HOMEROOM LESSON

It is the first lesson of just 10 minutes immediately after the Morning Assembly. In this lesson, the class teacher takes attendance, discusses policies, checks uniforms, and makes important announcements if any. The students are also encouraged to talk about the problems that they might be facing at school in this time.





You should be able to do the homework on your own at home. Independent work helps to develop your study habits and skills. Homework is usually assigned according to the Homework Schedule issued to each class. However, sometimes the teachers may give you practice work for reinforcement, besides the schedule as well. It is your responsibility to note the homework in your diary. You will manage your homework easily if you:

**Develop a firm routine for homework.**

**Allocate a specific time and study area.**

**Control your screen time.**

## ASSESSMENTS, TESTS, EXAMINATION & GRADING POLICY

Following is the schedule for purpose of grading your academic progress throughout the year:

### Grades VI to VIII:

#### i. Monthly Grand Tests:

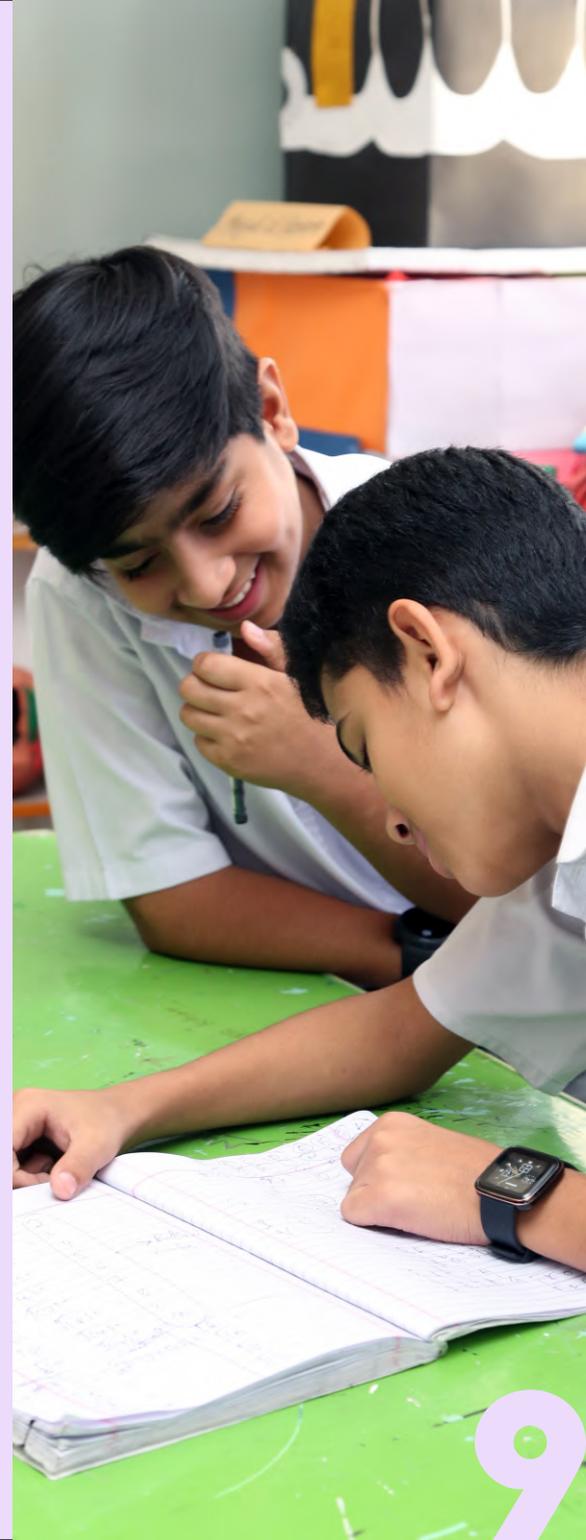
In the months of March, April, May, August and September, these forty minutes tests are conducted. The date sheet and results are intimated through the Portal & App of Modernage.

#### ii. Daily Grand Tests:

Daily Grand Tests are conducted in the month of November for a comprehensive revision and preparation of Final Exam.

#### iii. First Term Exam and Final Exam:

A three hour exam is conducted for each subject at mid-year and end of the year with due notice of at least 7 days. In addition, there are Oral Examination, Practical exams, Projects, Nazra, Listening and Speaking activities, Oral Times Tables, Reading and Recitations.





## ACADEMIC STANDARDS FOR STUDENT'S GRADES

The performance of each student in a subject is graded as follows:

<b>X: 90% and above</b>	<b>A: 80 – 89%</b>	<b>B: 70 – 79%</b>	<b>C: 60 – 69%</b>
<b>D: 50 – 59%</b>	<b>E: 40 – 49%</b>	<b>F: 30 – 39%</b>	<b>G: 30% and below</b>

**Promotion Criteria:** The pass percentage in First Term and Final Exams is 45%. Students falling below 45% are not promoted to next class. They have to retake the examination for promotion.

# ATTENDANCE REQUIREMENTS, STUDENT'S RESPONSIBILITY & UNFAIR MEANS

## **Attendance Requirement:**

A student is not allowed to appear in Final Exams if their attendance is less than 90%.

## **Student's Responsibility:**

It is compulsory for all students to appear in all the Monthly/Daily Grand Tests and First Term and Final Exams.

## **Unfair Means:**

Any student found using unfair means or assisting another student during a test/examination is liable to disciplinary action. Use of unfair means generally covers the following, namely:

- i. An attempt to have access to the question paper before the test/examination;
- ii. Use/possession of unauthorized reference material during test/examination;
- iii. Any form of communication by the examinees with anyone in or outside the examination room while the test/examination is in progress; and
- iv. Unauthorized entry into faculty's office or that of his/her staff with the intention of having an access to or tampering with the official record/Examination papers, etc.

# HEALTHY LUNCH & UNIFORM

You should avoid junk food and develop good eating habits. All Modernites are encouraged to bring a packed lunch from home. The school canteen is also available that serves reasonably priced and hygienic food.

For details about the uniform, please visit the link below:  
[www.maps.edu.pk/uniform-details/](http://www.maps.edu.pk/uniform-details/)





## CO-CURRICULAR ACTIVITIES & SPORTS

All Co-Curricular activities are held as per Schedule of Activities at two levels:

### House Activities

### Department Activities

Every student of the Sub-Seniors level is assigned a House which consists of approximately 100 – 120 students. The students choose their House Officials through an election. The Inter House competitions are highly competitive. The house tradition is so strong at Modernage that you will hear your friends chanting the slogan, “For School We Try; For House We Die”. The activities are diverse such as:

- \* Assembly Presentations
- \* Language based Events like Spelling Bee, Public Speaking, Debates, Declamations, Story Writing, & Handwriting Competitions
- \* Celebration of National Days like Independence Day, Eid Milad-un-Nabi, Teachers Day, etc
- \* Role Play & Acting Competitions, Poetry Recitals, Elocution, Singing & Folk Dance Competitions culminating at Abbottabad Literature Festival

- \* Art and Craft Activities like Water Colouring, Digital Art, Recycled Crafts Making, etc
- \* Math Marathon, Robotics & Rubik's Cube Competitions
- \* Field Trips
- \* Sports and games culminating at Annual Sports Gala
- \* Students Quality Circles culminating at National Convention on Students Quality Circles



## INTERNATIONAL EXPOSURE

At Modernage we believe that you are a Global Citizen who has to be prepared for performing your best in the international arena. A number of Student Exchange Programs are conducted with International Partners in countries like Sri Lanka, India, Japan, Turkey, Mauritius, UK, Iran, Bangladesh, Nepal, China, etc. On a number of occasions, international delegates are invited to interact with you and share their experiences.

# COMMUNICATION

The class teachers usually communicate through:

- ★ the school landline phones
- ★ the class WhatsApp group
- ★ the Parents Portal/App of Modernage

Modernage has an open door policy. We look upon your parents as partners in our efforts to provide care and education to students. They can meet the Class Teacher as well as the Campus Head on any week day after calling the School Secretary and making an appointment to avoid inconvenience.

**The Admin Staff are available up to 03:30 pm.**

Formal Parent-Teacher Meetings, which are mandatory for parents/guardians to attend, are held:

1. Once in the mid of First Term
2. Twice at the end of First-Term and Final Term each on the Result Day

Your results along with your exam papers are handed over to the parents in end term meetings.

For any feedback you can also use any of the following channels:

WhatsApp: 0345 0493334

Email: [info@maps.edu.pk](mailto:info@maps.edu.pk)

# PARENTS PORTAL & APP

Modernage has a well-developed Parents Portal as well as Parents App that can be downloaded from Playstore for Android devices. The user name and password of the portal and app is same and can be obtained from the School Secretary. These give access to parents to view:

- ★ Academic Progress of all their children in a number of areas at a single platform.
- ★ Profile of students
- ★ Monthly attendance
- ★ Monthly fee
- ★ Schedule of Activities
- ★ Important notifications and circulars
- ★ Vacation homework, etc.

**The parents can also use the app to:**

- ★ Register their complaints online
- ★ Apply for leave



# PUNCTUALITY & ATTENDANCE

Regular attendance is very important for the academic progress of a student. All Modernites are expected to create a routine for themselves.

- ★ The class teacher must be informed in writing through WhatsApp or the School App if leave is required.
- ★ A medical certificate is required, if a student is absent for more than four days because of illness.
- ★ A short leave is granted in case of extreme emergency only. The parents must come in person to collect you for short leave.
- ★ A student who has less than 90% of the possible attendance, counted from the date of their admission to the institution is not allowed to take the annual examination or promotion to next class.
- ★ Names of pupils who remain absent without leave for six consecutive days are struck off the school rolls.
- ★ Readmission depends on the discretion of the Principal and availability of seat.

# DISCIPLINE

## ★ Dress Code:

A complete list of the uniform items required is available on the website of Modernage. All students must arrive to school in neat and tidy uniform as per season. The uniform is easily available from the local market. The boys are expected to have their hair cut short and the girls with long hair must have it tied back.

## ★ Use of Electronic Devices/Mobile Phones:

Using electronic gadgets especially mobile phones is strictly prohibited in the school especially classrooms, examination/lecture halls, labs and library.

## ★ Use of Drugs:

Modernage is committed to providing an environment that is free from the problems associated with the use and abuse of illegal substances. Any student using, selling, possessing, distributing, transferring, or manufacturing illegal substances in any setting and at any time will be committing a serious violation of the Code of Conduct of Modernage and will face swift and severe disciplinary action and probable dismissal. The use of all tobacco products, including but not limited to snuff, dip, chewing tobacco, cigarettes, cigars, and pipe tobacco, is strictly prohibited in Modernage at all times. All students in violation of this prohibition shall be subject to progressive disciplinary consequences. Repeated violations may result in dismissal.

Further all Modernites are expected to avoid:

- i. wearing shabby or torn clothing
- ii. putting on excessive makeup or wearing expensive jewellery.
- iii. wearing untidy, gaudy or immodest dress in school functions when permissible.
- iv. wearing unprofessional attire in formal programmes

# DISCIPLINE

## ★ **Off-Campus Conduct:**

The conduct of Modernites outside campus premises should be such that it does not adversely affect the reputation/image of Modernage.

## ★ **Littering/Vandalism:**

It is your responsibility to keep the Campus environment clean and tidy. No littering or trash should be carelessly thrown or left on the Campus premises. The designated waste boxes/baskets should be used to deposit the refuse. Students found writing on walls and school furniture will be dealt with firmly.

## ★ **Greetings:**

Students are advised to adopt the habit of exchange of Islamic greetings i.e. "Assalam- o-Alaikum/ Wa-Alaikumusalam" while interacting with fellow students, faculty & staff of the school.

## ★ **Disputes:**

Students are not allowed to settle their disputes on their own. All serious disciplinary cases are discussed with VPs and in extreme cases these may be referred to the College Council. The VPs take serious action against those who verbally abuse a person based on their caste, religion, mother tongue, region, culture, nationality, social and economic status, or physical, psychological or mental disability. You can launch your complaints both orally and in writing. Feel free to approach your teachers, the Academic Coordinator, the Discipline Incharge or the Vice Principal for any difficulty that you might be facing. All efforts will be made to provide you a satisfactory solution for your problems.



## BELONGINGS OF STUDENTS

Your books must be neatly covered with your name written properly and clearly. All your belongings such as the bag, pencil boxes, lunch boxes, water bottles, blazers and art materials, etc should be marked for easy identification. You are not allowed to bring large amounts of money or other valuable items to school. The school will not be responsible for loss of personal items.



## VISITORS & GUESTS

The students are not allowed to bring uninvited guests to school functions. Visitors, including guests are expected to conduct themselves, at all times, in a manner consistent with orderly behaviour in an educational institution. Only the visitors mentioned in the contact list of the students, provided by the parents are allowed to meet them.

# **MODERNAGE**

**PUBLIC SCHOOL & COLLEGE, PAKISTAN**

## **Boys Campus**

Mir Alam Town Mansehra Road (Jhangi) Abbottabad

Ph# +92-992-408001-02

## **Girls Campus**

Mir Alam Town Near Radio Station Pakistan,  
Mansehra Rd (Jhangi) Abbottabad

Ph# +92-992-408019-20

## **Saplings Campus**

Mir Alam Town Near Radio Station Pakistan,  
Mansehra Rd (Jhangi) Abbottabad

Ph# +92-992-408376

## **Pine View Branch**

Pine View Road, Abbottabad Cantt.

Ph# +92-992-330383

## **Green Hill Branch**

Shabbir Sharif Road, Abbottabad Cantt.

Ph# +92-992-337000

## **Township Campus**

Sector C, Urban Development Authority,  
Nawanshehr, Abbottabad

Ph# +92-345-0493334

## **Capital Campus**

St. 11, D-Block, Fazaia Housing Scheme,  
Dhamma Phatak, Islamabad

Ph# +92-345-0493334

